

# Elementary

# MENU

## SEPT 2023

### Did you know?

Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!





### Questions or Comments?

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Director of Dining Services  
Phone: 520-696-8623  
\*menu is subject to change\*

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1 Breakfast</b> Banana Peach Smoothie <b>Lunch</b> Chicken Lo Mein Cheese Quesadilla PB&J Sandwich Popcorn Chicken Salad Cooked Carrots
<b>4</b> 	<b>5 Breakfast</b> Sausage Breakfast Pizza <b>Lunch</b> Creamy Mac & Cheese Hot Dog Ham & Cheese Sub Chicken Caesar Salad Seasoned Green Beans	<b>6 Breakfast</b> Warm Banana Muffin <b>Lunch</b> Chicken Snowbowl Bean & Cheese Burrito Ham & Cheese Sandwich Chef Salad	<b>7 Breakfast</b> Warm Waffles <b>Lunch</b> Cheesy Beef Enchiladas Cheese Quesadilla Turkey & Cheese Sub Ham & Cheese Salad Refried Beans	<b>8 Breakfast</b> Turkey and Cheese Biscuit <b>Lunch</b> Pepperoni Pizza Chicken Teriyaki w/ Rice PB&J Sandwich Popcorn Chicken Salad Peppered Broccoli
<b>11 Breakfast</b> Cinnamon Donut Holes <b>Lunch</b> Meatball Sub Creamy Chicken Alfredo Turkey & Cheese Sandwich Chicken Garden Salad Crinkle Cut French Fries	<b>12 Breakfast</b> Scramble w/ Hashbrown <b>Lunch</b> BBQ Chicken Sandwich Corn Dog Ham & Cheese Sub Chicken Caesar Salad Steamed Green Peas	<b>13 Breakfast</b> Glazed Cinnamon Roll <b>Lunch</b> Cheesy Nachos Chicken Fajitas Ham & Cheese Sandwich Chef Salad Refried Beans	<b>14 Breakfast</b> Fluffy Pancakes <b>Lunch</b> Cheesy Breadsticks Cheesy Beef Burrito Turkey & Cheese Sub Ham & Cheese Salad Seasoned Green Beans	<b>15 Breakfast</b> Banana Smoothie <b>Lunch</b> Green Chile Quesadilla Beefy Mac Pasta PB&J Sandwich Popcorn Chicken Salad Cooked Carrots
<b>18 Breakfast</b> Pancake on a Stick <b>Lunch</b> Zesty Orange Chicken Bean & Cheese Burrito Turkey & Cheese Sandwich Chicken Garden Salad	<b>19 Breakfast</b> Cheesy Eggs and Ham <b>Lunch</b> Pepperoni Pizza Spaghetti w/ Meatsauce Ham & Cheese Sub Chicken Caesar Salad Seasoned Green Beans	<b>20 Breakfast</b> Warm Choco-Chip Muffin <b>Lunch</b> Cheeseburger Cheese Chilaquiles Ham & Cheese Sandwich Chef Salad Crinkle Cut French Fries	<b>21 Breakfast</b> French Toast Sticks <b>Lunch</b> Beef Tater Tot Casserole Grilled Cheese Sandwich Turkey & Cheese Sub Ham & Cheese Salad Cooked Carrots	<b>22 Breakfast</b> Sausage Breakfast Pizza <b>Lunch</b> Soft Chicken Tacos Hot Dog PB&J Sandwich Popcorn Chicken Salad Refried Beans
<b>25 Breakfast</b> Fluffy Pancakes <b>Lunch</b> Rotini w/ Meatsauce Cheese Quesadilla Turkey & Cheese Sandwich Chicken Garden Salad Seasoned Green Beans	<b>26 Breakfast</b> Yogurt Parfait w/ Fruit <b>Lunch</b> Cheesy Nachos Sloppy Joe Ham & Cheese Sub Chicken Caesar Salad Refried Beans	<b>27 Breakfast</b> Glazed Cinnamon Roll <b>Lunch</b> Pepper Steak Cheesy Turkey Melt Ham & Cheese Sandwich Chef Salad Mashed Potatoes & Gravy	<b>28 Breakfast</b> Scramble w/ Hashbrown <b>Lunch</b> Pepperoni Pizza Chicken Fried Rice Turkey & Cheese Sub Ham & Cheese Salad Steamed Green Peas	<b>29 Breakfast</b> Cinnamon Donut Holes <b>Lunch</b> Beef Lasagna Corn Dog PB&J Sandwich Popcorn Chicken Salad Cooked Carrots

Breakfast Meal Price: Paid \$2.25 / Reduced \$0.30

Lunch Meal Price: Paid \$3.50 / Reduced \$0.40

Adult Meal Price: \$4.00